# Crisis and Suicide Prevention

**It’s OK not to be OK and It’s OK to Ask for Help!**

## Hotlines and Crisis Lines

- **National Suicide Prevention Lifeline:** 1-800-273-8255  
  [https://suicidepreventionlifeline.org/](https://suicidepreventionlifeline.org/)
- **Veterans Crisis Line:** 1-800-273-8255 and Press 1  
  [https://www.veteranscrisisline.net/](https://www.veteranscrisisline.net/)
- **Crisis Text Line:** text HOME to 741741  
  [https://www.crisistextline.org/](https://www.crisistextline.org/)
- **The Boys Town National Hotline:** 1-800-448-3000  
  [https://www.boystown.org/hotline/Pages/resources.aspx](https://www.boystown.org/hotline/Pages/resources.aspx)
- **Trevor Lifeline for LGBTQ youth:** 1-866-488-7386  
  [https://www.thetrevorproject.org/](https://www.thetrevorproject.org/)
- **Trans Lifeline:** 877-565-8860  
  [https://www.translifeline.org/hotline](https://www.translifeline.org/hotline)
- **WeRNative (for Native Americans) Chat:**  
  [https://wernative.worldsecuresystems.com/ask-auntie/chat.htm](https://wernative.worldsecuresystems.com/ask-auntie/chat.htm)  
  [https://www.wernative.org/](https://www.wernative.org/)

## Local Resources

- **Kids’ Link Hotline:** 1-885-543-5465  
  [https://www.lifespan.org/centers-services/kids-link-ri](https://www.lifespan.org/centers-services/kids-link-ri)
- **BH Link:** 401-414-5465  
  [https://www.bhlink.org/](https://www.bhlink.org/)
- **Samaritans of Rhode Island:** 401-272-4044  
  [http://www.samaritansri.org/](http://www.samaritansri.org/)
- **Survivor and attempt survivor support groups.** Please use the directory below to search for support groups for both attempt and loss survivors of suicide.  
  [https://suicidology.org/resources/support-groups/](https://suicidology.org/resources/support-groups/)

## Rhode Island Mental Health Community Providers

- [https://www.sumhlc.org/treatment-locator/mental-health-providers/](https://www.sumhlc.org/treatment-locator/mental-health-providers/)
- [https://bhddh.ri.gov/mh/index.php](https://bhddh.ri.gov/mh/index.php)

## For More Information

- [www.health.ri.gov/violence/about/suicide/](http://www.health.ri.gov/violence/about/suicide/)
- [www.riyouthsuicidepreventionproject.org](http://www.riyouthsuicidepreventionproject.org)